

All About Caddis

There are four life cycles for caddis, egg, larva, pupa and adult. Depends on the species, not all four stages of life are available to trout. The egg stage is available when they're deposited on vegetation and got dislodged and went down stream. Trout sometimes, suck in the vegetation and chew on it to get to the eggs. You can tie anything that mimic the vegetation close by.

Today's demo will have larva, pupa, adult and spent-wing adult patterns. Match the colors of the species where you fish, specially when fish sub water surface.

Larva: green mountain worm, 10-15mm

1. Daiichi 1150: #14-8 or any heavy wire curve shank hooks to size
2. Lead tape or think lead wire for weight
3. Green/olive or chartreuse thread
4. Rib: 4X or 5X tippet
5. Back: Scudback or clear material
6. Body: Wet fly dubbing
7. Head: black thread and dubbing

Larva: beadhead caddis larva, 10-15mm

1. Daiichi 1150: #14-8 or any heavy wire curve shank hooks to size
2. Black metal bead and body weight optional
3. Green/olive or chartreuse thread
4. Rib: 4X or 5X tippet
5. Back: Scudback or clear material
6. Body: Wet fly dubbing
7. Head: black thread and dubbing

Pupa: wire body soft hackle, 6-10mm

1. Daiichi 1530: #16-10
2. Green/olive or chartreuse thread
3. Body: wire to size and color
4. Thorax: wet fly dubbing
5. Hungarian partridge

Pupa: McPhail caddis pupa, no eyes, 6-10mm

1. Daiichi 1150 or 1530
2. Green/olive or chartreuse thread
3. Body: chartreuse thread/ medallion sheeting
4. Thorax: wet fly dubbing
5. Hungarian partridge

Pupa: LaFontaine sparkle pupa, 6-10mm

1. Daiichi 1530: #16-10
2. Thread color to match
3. Body: Antron yarn and pearl monoflash
4. Thorax: wet fly dubbing
5. Hungarian partridge

Adult: foam body caddis, 6-10mm

1. Daiichi 1100: #18-10
2. Dark color thread
3. Body: Rainy's foam, caddis body cutter
4. Wing: deer hair
5. Hackle: body length x 1.25 - 1.5

Adult: deer/elk hair caddis, 6-10mm

1. Daiichi 1100: #18-10
2. Thread color to match
3. Hackle: smaller than hook gap
4. Body: dry fly dubbing
5. Wing: deer hair + monoflash

Adult: spent winged caddis, 6-10mm

1. Daiichi 1100: #18-10
2. Thread color to match
3. Body: dry fly dubbing
4. Wing: partridge
5. Hackle: body length x 1.5